

June

JCS BREAKFAST
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Juice/ Fruit 1 Bagel w/ cream cheese or Sun butter Cereal English/ Jelly Milk	Juice 2 Fruit Waffles Syrup Cereal Toast/ Jelly Milk
Juice 5 Fruit Breakfast pizza Hash browns Cereal Toast/ Jelly Milk	Juice 6 Fruit Yogurt Cereal Toast Jelly Milk	Juice 7 Fruit Mini French tst. Syrup Cereal Toast/ Jelly Milk	Juice 8 Fruit Cheese Omelet Cereal Muffin Milk	Juice 9 Fruit Bacon & cheese on a bagel Cereal English/ Jelly Milk
Juice 12 Fruit Smoothie Cereal Muffin Milk	Juice 13 Fruit Pancakes Syrup Cereal Toast/ Jelly Milk	Juice 14 Fruit French toast Syrup Cereal Toast/ Jelly Milk	Juice 15 Fruit Choice of cereal Toast Jelly Milk	Juice 16 Fruit Breakfast pizza Hash browns Cereal Toast/ Jelly Milk
 19	Juice 20 Fruit Yogurt Cereal Muffin Milk	Juice/ Fruit 21 Breakfast Sandwich with or w/o Bacon Milk Awards breakfast	Juice 22 Fruit Cereal Toast Jelly Milk	 23
				Fresh fruit and vegetables used Price: Students K-12 Free Adult: \$2.75










LUNCH MENU IS SUBJECT TO CHANGE WITHOUT NOTICE



June

2023 |
JCS LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Senior wild about lunch day is June 6th</p>			Chicken Nuggets 1 Rice Vegetables Muffins Fruit Milk	Dorito Nachos 2 L,T, Cheese Sides Fruit Milk
Chicken patty 5 On a bun Rice Vegetables Fruit Milk	Mozzarella sticks 6 Potato puffs Carrot sticks Banana Muffins Apple juice Milk	Garden salad 7 With chicken Bread sticks Fruit Milk	Hamburger 8 Or Hot dog French fries Vegetables Fruit Milk Elementary picnic	Ham sub 9 L, T, O Pasta or Macaroni salad Vegetables Fruit Milk
Meatball 12 Sub Baked chips Vegetables Fruit Milk	Popcorn 13 Chicken Rice Vegetables Muffins Fruit Milk	Baked 14 Macaroni & Ch. Vegetables Muffins Fruit Milk	It. Dunkers 15 Pasta Vegetables Fruit Milk	Tomato soup 16 Toasted cheese Vegetables Fruit Milk
	Cheese 20 Pizza Vegetables Muffins Fruit Milk	Hot dog 21 On a bun French fries Vegetables Fruit Milk	Sloppy joe 22 Baked chips Vegetables Fruit Milk	
			Sandwiches & Salads are made daily as part of the lunch options Nondairy and Gluten Free options available	Juice is offered daily along with fruit for grades 9-12 All bread products are whole grain enriched



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